



## DIGITAL NOMAD CHECKLIST

lazygirltravel.com



## Could You Be a Digital Nomad?

A Beginner-Friendly Checklist for Remote Work Life in Europe

## **Before You Book That Flight**

This quick-start checklist will help you prep for your first steps into digital nomad life. No fluff, just the essentials you really need to think about before taking your laptop abroad.

Lifestyle Basics
[] I have a reliable remote job or freelance income
[] My work hours allow for some time zone flexibility
[] I'm comfortable spending time alone
[] I'm excited to experience new cultures
[] I've researched where I'll get my healthcare abroad
Work Readiness
[] I have a laptop and necessary gear (headphones, webcam, charger)
[] I can troubleshoot basic tech issues myself
[] I've researched Wi-Fi quality in my chosen destination
[] I've thought about backup plans for internet (SIM card, hot spot, cafés)
[] I know where to find co-working spaces or good cafés nearby





Travel Logistics
[] I've checked visa rules for my destination
[] My passport is up to date
[] I've looked into travel health insurance
[] I have a travel-friendly bank or debit card
[] I've saved for unexpected costs like deposits or cancellations
Mindset Check
[] I know I'll feel overwhelmed at first and that's normal
[] I'm open to pivoting plans if something doesn't work
[] I'm not trying to escape my life, I'm trying to build one I love
[] I understand that being a digital nomad is still real life, just with better views
Notes to Myself
What are your personal must-haves for working remotely? Comforts, routines, reminders, or things you don't want to forget?
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